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**IN THE SPECIFICATION:**

Page 11, following paragraph [0035], please insert the following paragraphs:

Thus, the method for coding heart rate information in accordance with the present invention includes measuring a person's heart beat intervals during a physical exercise, storing the measured heart beat interval information, packing the measured heart beat interval information, and coding the packed heart beat interval information into a format that is presentable after the exercise as a sound collage such that the rhythm of the sound collage depends on the measured heart beat intervals and the duration of the sound collage is shorter than the time spent for measuring the heart beat intervals.

The arrangement for coding heart rate information in accordance with the present invention includes means for measuring a person's heart beat intervals, means for storing the measured heart beat interval information, means for packing the measured heart beat interval information, and means for coding the packed heart beat interval information stored in the storing means into a sound collage that is shorter in duration than the measurement time. The coding means includes means for selecting the rhythm for the music in the sound collage on the basis of the measured heart beat intervals.